

## Zoom timetable – Box Hill South Neighbourhood House August 2020

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning	Pilates 8am to 9am  Strength training 9:30am – 10:30am		Botanical Drawing 10am – 12pm	Strength training 9:30am to 10:30am	Gentle exercise 10am – 11:30am
Afternoon	Knitting social group 1pm – 2:30pm		Trivia social group 1pm – 2:30pm		
Evening	Yoga 6:30pm – 7:30pm		Yoga 6:30pm to 7:30pm		

Other Zoom meetings....

Whitehorse Urban Harvest meets once a month – 3<sup>rd</sup> Saturday of the month from 11am – 12:30pm

Eastern Writers group meet once a month – 3<sup>rd</sup> Sunday of the month 2pm – 4pm

Book club meet once a month – 1<sup>st</sup> Tuesday of the Month – 7pm – 9pm